



We are doing it again this March 5-8<sup>th</sup> 2009. It's time to start planning for our next trip. If you don't know what Finding Sophia is all about, well we are a group of 15 women going down to the hills of Eastern Tijuana to build a home for a single mother there and her children.

This is a trip for women only to come and experience among other things, giving/serving/working/playing/talking/crying and laughing all together without ANY RESPONSIBILITIES!!! Sophia means Wisdom, seeking it, sharing it.....that's what we hope for all of us as we work alongside each other. It doesn't matter where you come from, just that you show up ready to see what the time will bring.

We will be building a two bedroom house with a loft and outhouse for a single mom in the foothills of Tijuana, typically these mom's have little or no family to support them and are working full time to put food in the children's mouths. Our goal for the weekend is to provide them with basic shelter, a door that closes and locks to keep them safe, dry and warm. You can check out some pictures from our last trip on our website to see what it's all about at [www.findingsophia.org](http://www.findingsophia.org) . You can also check out other photos on our Facebook account. .

This will be a weekend of service as well as soul searching...consider this a time to give to others as well as to yourself. We will schedule in lots of time to work and serve as well as lots of time to talk and think about life ~ your life, where you are at, where you want to be and maybe a little on how to get there. The weekend will give us all the opportunity to share with one another how we have walked along the road of this crazy life so far and how we can walk alongside together supporting each other even just for a weekend.

On Thursday the 5<sup>th</sup>, we will meet at the San Diego Airport at 5pm to make our way over the border and you will be back at the Airport by 3pm on Sunday the 8<sup>th</sup>. The cost for the trip is \$300.00 and does not include the airfare. It does include everything you will need from the time we pick you up on Thursday until we bring you back Sunday. (Unless of course you have a strong affection for cold Tecate that our budget doesn't allow for... ) We will also each need to raise enough money for the building of the house and supplies we decide to give to the families down there. The total we will have to raise as a group is \$6000.00. All of the donations are tax deductible and we will send a receipt for taxes to all those that donate. We can help with ideas to help you raise the funds. So to divide the labor, we ask that each of you raise at least \$500.00. Any more money that you raise will go back into the community and continue on the legacy of changing lives.

The itinerary for the weekend looks like this:

5pm Thursday: Meet at the San Diego airport, we will go over the border to stay at Rancho La Paloma....after dinner at a restaurant nearby.

6am Friday: Rise and shine for breakfast and off to the work site to meet Hector and his team to build a foundation house. This will be a long full day as we will complete the house by the end of the day. No need to worry though, Hector prefers builders who have ZERO experience and you will be amazed at how fast this man works....It seems like a huge goal to build the house in one day, but it has been done and YOU WILL DO IT!!! Hector will bring his team as well as all the tools we will need! You don't need to bring anything but a hat to keep the sun off and clothes that can get destroyed by paint.

Dark Friday night: Head back to the Ranch, clean up and into town for dinner! We will spend some time planning Saturday's activities. This is a special time for us as a group to decide what we will do with the next day.

7:30 am Saturday: Rise and shine breakfast by the pool and prepare for our day

Saturday: Whatever we decided as a group to do.....

7pm Saturday: Dinner in Tecate and time for introspection on the weekend. No agenda, just talking and listening....possibly followed by karaoke....

Sunday: Breakfast by the pool, hikes or runs in the trails behind the Ranch and then head back over the border to the San Diego airport by 2pm!

I'm sure you have lots of questions so just send them to ua and we'll answer them as best we can.

Please forward this on to any women in your life that you think would be up for this adventure.....

We are looking forward to an amazing weekend with women that we respect and love! We know we have a lot to learn from you and can't wait for time to spend learning it side by side.....

~ Finding Sophia, Trish Ward and Heidi Boynton